

# March 2026

## Cedarbrook Village Traditional

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <ul style="list-style-type: none"> <li>9:00am Sunday Puzzle Packet</li> <li>10:00am Catholic Salvation (T)</li> <li>10:00am Morning Stretch w/ Alicia (LS)</li> <li>10:30am Sunday Morning Social (LS)</li> <li>2:00pm Prize Bingo (P)</li> <li>6:00pm Cozy Sunday Movie: Brothers of the Wind (T)</li> </ul>	<p>2</p> <ul style="list-style-type: none"> <li>9:00am Group Exercise w/Tara (LS)</li> <li>9:00am Shopping Trip</li> <li>10:00am Baking Club: Banna Cream Pie (LS)</li> <li>2:00pm Banana Cream Pie Social 🍌 &amp; Pie-in-the-Face Fundraiser (P)</li> <li>3:00pm Cedarbrook Hold'em (P)</li> <li>6:00pm Sports &amp; Competition Film: Miracle (T)</li> </ul>	<p>3</p> <ul style="list-style-type: none"> <li>9:00am Group Exercise w/Tara (LS)</li> <li>10:00am Group Exercise w/Tara (LS)</li> <li>10:30am Leprechaun Top Hat Creations (LS)</li> <li>1:00pm March Theater Series: "The Roaring 20s" &amp; Mustang History (T)</li> <li>2:00pm Quarter Bingo (P)</li> <li>6:00pm Romance Feature: Mata Hari (T)</li> </ul>	<p>4</p> <ul style="list-style-type: none"> <li>9:00am Group Exercise w/Tara (LS)</li> <li>10:00am Manicures w/ Steph (LS)</li> <li>11:00am Outing to: Mason's Grille</li> <li>2:30pm Live: Whack-a-Mole: Residents vs Staff (LS)</li> <li>6:00pm Classic Heroes / War Films : The Untouchables (T)</li> </ul>	<p>5</p> <ul style="list-style-type: none"> <li>9:00am Group Exercise w/Tara (LS)</li> <li>10:00am Catholic Mass w/ FR. Petter (C)</li> <li>10:00am Group Exercise w/Tara (LS)</li> <li>10:30am Blood Pressure Clinic (LS)</li> <li>1:00pm Resident Council Meeting (LS)</li> <li>2:00pm Quarter Bingo (P)</li> <li>3:00pm Sing-Along w/ Sandy (P)</li> <li>3:00pm Happy Hour (P)</li> <li>6:00pm Thursday Laughs Film: 50/50 (LS)</li> </ul>	<p>6</p> <ul style="list-style-type: none"> <li>10:00am Exercise w/Ron (LS)</li> <li>10:30am Off to the Races (LS)</li> <li>1:00pm Tea Chronicles and Reminiscing with Sylvia (LS)</li> <li>2:00pm Oreo Dunking Contest! (LS)</li> <li>3:00pm Room Visits</li> <li>6:00pm Golden Oldies Friday: Take me Home The John Denver Story (T)</li> </ul>	<p>7</p> <ul style="list-style-type: none"> <li>9:30am Morning Stretch w/ Joanne (LS)</li> <li>10:00am Pitch Card Game (LS)</li> <li>12:30pm After-Lunch Stories, Jokes &amp; Conversation w/ Joanne (LS)</li> <li>1:00pm Let's Play Mexican Dominoes (Mexican Train) (LS)</li> <li>2:00pm Musical Performance Caden on the Piano (P)</li> <li>6:00pm Resident Pick Movie: Song Sung Blue (T)</li> </ul>
<p>8</p> <ul style="list-style-type: none"> <li>9:00am Sunday Puzzle Packet</li> <li>10:00am Catholic Salvation (T)</li> <li>10:00am Morning Stretch w/ Alicia (LS)</li> <li>10:30am Coffee &amp; Donuts Social (LS)</li> <li>2:00pm Prize Bingo (P)</li> <li>6:00pm Cozy Sunday Movie: Orphan Horse (T)</li> </ul>	<p>9</p> <ul style="list-style-type: none"> <li>9:00am Group Exercise w/Tara (LS)</li> <li>9:00am Shopping Trip</li> <li>10:00am Booked in Bloom: Page Vase Craft (LS)</li> <li>1:00pm National Barbie Day with a Pink Tea Party! (P)</li> <li>2:00pm Barbie Movie Watch Party - National Barbie Day (T)</li> <li>3:00pm Cedarbrook Hold'em (P)</li> <li>6:00pm Sports &amp; Competition Film: Seven Days in Utopia (T)</li> </ul>	<p>10</p> <ul style="list-style-type: none"> <li>9:00am Group Exercise w/Tara (LS)</li> <li>10:00am Group Exercise w/Tara (LS)</li> <li>10:30am Baking Club: Mint Chocolate Chip Cookies (LS)</li> <li>1:00pm March Theater Series: "The Roaring 20s" &amp; Mustang History (T)</li> <li>1:30pm Clover All Day Minty Shamrock Shakes (P)</li> <li>2:00pm Musical Performance with Sean Fullerton St. Patrick's Day themed (P)</li> <li>3:15pm Quarter Bingo (P)</li> <li>6:00pm Romance Feature: Love story (T)</li> </ul>	<p>11</p> <ul style="list-style-type: none"> <li>9:00am Group Exercise w/Tara (LS)</li> <li>9:30am Macy's Shopping &amp; Lunch at Donvans</li> <li>Afternoon Classic TV Loop (LS)</li> <li>Afternoon Brain &amp; Puzzle Station (LS)</li> <li>1:00pm Knotty Knitters (LS)</li> <li>3:00pm Manicures w/ Steph (LS)</li> <li>6:00pm Classic Heroes / War Films: Hamburger Hill (T)</li> </ul>	<p>12</p> <ul style="list-style-type: none"> <li>9:00am Group Exercise w/Tara (LS)</li> <li>10:00am Group Exercise w/Tara (LS)</li> <li>10:30am Quarter Bingo (P)</li> <li>1:00pm Billard's w/ Alicia (P)</li> <li>2:00pm Musical Performance with Peter &amp; Laura " Musically Married" (P)</li> <li>3:00pm Happy Hour (P)</li> <li>6:00pm Thursday Laughs Film: Austin Powers (LS)</li> </ul>	<p>13</p> <ul style="list-style-type: none"> <li>10:00am Exercise w/Ron (LS)</li> <li>10:30am Shut the Box Game (LS)</li> <li>1:00pm Tea Chronicles and Reminiscing with Sylvia (LS)</li> <li>2:00pm Mini Golf (LS)</li> <li>3:00pm Room Visits</li> <li>6:00pm Golden Oldies Friday: Ya-Ya Sisterhood (T)</li> </ul>	<p>14</p> <ul style="list-style-type: none"> <li>9:30am Morning Stretch w/ Joanne (LS)</li> <li>10:00am Pitch Card Game (LS)</li> <li>12:30pm After-Lunch Stories, Jokes &amp; Conversation w/ Joanne (LS)</li> <li>1:00pm Calling All Card Players! Let's Start a Cribbage Team! (LS)</li> <li>3:00pm Independent Activity Time (LS)</li> <li>6:00pm Resident Pick Movie: The Bucket List (T)</li> </ul>

### Location Key

LS = Lucy Stone Activity Room  
 P = Pub  
 T = Theater  
 C = Chapel  
 L = Library  
 CY = Courtyard  
 FC = Fitness Center

### Happy Birthday!

Carol L. - 10th  
 Mary F. - 12th  
 Pauline C. - 17th  
 George U. - 22nd  
 Joseph C. - 27th  
 Joyce B. - 30th

### Activity Types

Community Involvement  
 Emotional  
 Entertainment  
 Intellectual  
 Outing  
 Physical  
 Purposeful  
 Social  
 Spiritual

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> <li>9:00am Sunday Puzzle Packet 15</li> <li>10:00am Catholic Salvation (T)</li> <li>10:00am Morning Stretch w/ Alicia (LS)</li> <li>10:30am Hot Cocoa Social (LS)</li> <li>1:00pm Protestant Worship Service with Pastor Katie (C)</li> <li>2:00pm Prize Bingo (P)</li> <li>6:00pm Cozy Sunday Movie: The Blue Gardenia (T)</li> </ul>	<ul style="list-style-type: none"> <li>9:00am Group Exercise w/Tara (LS) 16</li> <li>9:00am Shopping Trip</li> <li>10:00am Shamrock Trivia Fun! (LS)</li> <li>1:00pm Pocket Full of Brooches (LS)</li> <li>2:00pm March Madness Ping Pong! (LS)</li> <li>3:00pm Cedarbrook Hold'em (P)</li> <li>6:00pm Sports &amp; Competition Film: A Mile in His Shoes (T)</li> </ul>	<ul style="list-style-type: none"> <li>9:00am Group Exercise w/Tara (LS) 17</li> <li>10:00am Group Exercise w/Tara (LS)</li> <li>10:30am Luck of the Irish Baking Club: Pistachio Desert Cups (LS)</li> <li>1:00pm March Theater Series: "The Roaring 20s" &amp; Mustang History (T)</li> <li>2:00pm Quarter Bingo (P)</li> <li>3:00pm St. Patrick's Day Traveling Pub Crawl (P)</li> <li>6:00pm Romance Feature: My Sailor, My Love (T)</li> </ul>	<ul style="list-style-type: none"> <li>9:00am Group Exercise w/Tara (LS) 18</li> <li>10:00am Dart Poker (LS)</li> <li>11:30am Fishtails Bar &amp; Grill Outing</li> <li>1:00pm Table Game (Grab a Friend) (LS)</li> <li>2:00pm Classic TV Showing</li> <li>3:00pm Manicures w/ Steph (LS)</li> <li>6:00pm Classic Heroes / War Films: Patton (T)</li> </ul>	<ul style="list-style-type: none"> <li>9:00am Group Exercise w/Tara (LS) 19</li> <li>10:00am Group Exercise w/Tara (LS)</li> <li>10:00am National Immune System Day: Immune Shot Demo &amp; Tasting (LS)</li> <li>1:00pm Billard's w/ Alicia (P)</li> <li>2:00pm Quarter Bingo (P)</li> <li>3:00pm Dress Like a Movie Character Day!</li> <li>3:00pm Happy Hour (P)</li> <li>6:00pm Thursday Laughs Film: Stripes (LS)</li> </ul>	<ul style="list-style-type: none"> <li>10:00am Exercise w/Ron (LS) 20</li> <li>10:30am Tea Chronicles and Reminiscing with Sylvia (LS)</li> <li>1:00pm Modified Beer Pong (LS)</li> <li>2:00pm Celebrate the Spring Equinox!</li> <li>3:00pm Room Visits</li> <li>6:00pm Golden Oldies Friday: A League of their own (T)</li> </ul>	<ul style="list-style-type: none"> <li>9:30am Morning Stretch w/ Joanne (LS) 21</li> <li>10:00am Pitch Card Game (LS)</li> <li>12:30pm After-Lunch Stories, Jokes &amp; Conversation w/ Joanne (LS)</li> <li>1:00pm Pokeno Game Social (LS)</li> <li>3:00pm Independent Activity Time (LS)</li> <li>6:00pm Resident Pick Movie (T)</li> </ul>
<ul style="list-style-type: none"> <li>9:00am Sunday Puzzle Packet 22</li> <li>10:00am Catholic Salvation (T)</li> <li>10:00am Morning Stretch w/ Alicia (LS)</li> <li>10:30am Pastries &amp; Tea Social (LS)</li> <li>1:00pm Prize Bingo (P)</li> <li>2:30pm Songs of Faith &amp; Remembrance w/ Roberta (P)</li> <li>6:00pm Cozy Sunday Movie: Sleepless in Seattle (T)</li> </ul>	<ul style="list-style-type: none"> <li>9:00am Group Exercise w/Tara (LS) 23</li> <li>9:00am Shopping Trip</li> <li>10:00am Remote Race Car Fun! (LS)</li> <li>1:00pm Stained Glass Made Simple (LS)</li> <li>3:00pm Cedarbrook Hold'em (P)</li> <li>6:00pm Sports &amp; Competition Film: The Cutting Edge (T)</li> </ul>	<ul style="list-style-type: none"> <li>9:00am Group Exercise w/Tara (LS) 24</li> <li>10:00am Group Exercise w/Tara (LS)</li> <li>10:30am Baking Club: Strawberry Shortcake Trifles (LS)</li> <li>1:00pm March Theater Series: "The Roaring 20s" &amp; Mustang History (T)</li> <li>2:00pm Quarter Bingo (P)</li> <li>6:00pm Romance Feature: De-Lovely (T)</li> </ul>	<ul style="list-style-type: none"> <li>9:00am Morning Stretch w/ Alicia (LS) 25</li> <li>10:00am Manicures w/ Steph (LS)</li> <li>12:30pm GUYS GROUP - SPEAKEASY Afternoon (P)</li> <li>1:00pm Knotty Knitters (LS)</li> <li>2:00pm Chef Demo (LS)</li> <li>6:00pm Classic Heroes / War Films: 1917 (T)</li> </ul>	<ul style="list-style-type: none"> <li>9:00am Group Exercise w/Tara (LS) 26</li> <li>10:00am Group Exercise w/Tara (LS)</li> <li>10:30am Hoop It Up! (LS)</li> <li>1:00pm Billard's w/ Alicia (P)</li> <li>2:00pm Quarter Bingo (P)</li> <li>3:00pm Happy Hour (P)</li> <li>6:00pm Thursday Laughs Film: Waiting for Guffman (LS)</li> </ul>	<ul style="list-style-type: none"> <li>10:00am Exercise w/Ron (LS) 27</li> <li>10:30am Dice Wars (New Game) (LS)</li> <li>1:00pm Tea Chronicles and Reminiscing with Sylvia (LS)</li> <li>2:00pm Boxing &amp; Stress Relief Workout (LS)</li> <li>3:00pm Room Visits</li> <li>6:00pm Golden Oldies Friday: Cast away (T)</li> </ul>	<ul style="list-style-type: none"> <li>9:30am Morning Stretch w/ Joanne (LS) 28</li> <li>10:00am Pitch Card Game (LS)</li> <li>12:30pm After-Lunch Stories, Jokes &amp; Conversation w/ Joanne (LS)</li> <li>1:00pm Quiddler Fun &amp; Word Play Game (LS)</li> <li>3:00pm Independent Activity Time (LS)</li> <li>6:00pm Resident Pick Movie (T)</li> </ul>
<ul style="list-style-type: none"> <li>9:00am Sunday Puzzle Packet 29</li> <li>10:00am Catholic Salvation (T)</li> <li>10:00am Morning Stretch w/ Alicia (LS)</li> <li>10:30am Citrus Sunrise Social</li> <li>2:00pm Prize Bingo (P)</li> <li>6:00pm Cozy Sunday Movie: Used People (T)</li> </ul>	<ul style="list-style-type: none"> <li>9:00am Group Exercise w/Tara (LS) 30</li> <li>9:00am Shopping Trip</li> <li>10:00am Art with Amy - Bring Your Canvas to Life! (P)</li> <li>1:30pm Celebrate Coca-Cola Day! (P)</li> <li>2:00pm Quarter Bingo (P)</li> <li>3:00pm Cedarbrook Hold'em (P)</li> <li>6:00pm Sports &amp; Competition Film: Facing the Giants (T)</li> </ul>	<ul style="list-style-type: none"> <li>9:00am Group Exercise w/Tara (LS) 31</li> <li>10:00am Group Exercise w/Tara (LS)</li> <li>10:30am Baking Club: Raspberry Lemon Bars (LS)</li> <li>1:00pm March Theater Series: "The Roaring 20s" &amp; Mustang History (T)</li> <li>2:00pm Musical Performance with Sara the Fiddler (P)</li> <li>6:00pm Romance Feature: I Love Trouble (T)</li> </ul>	<p><i>March brings a promise of sunshine, smiles, and new adventures. ☀️</i></p>			