November 2025

ASSISTED AND INDEPENDENT COMMUNITIES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 **9:30** Current Events and Conversation **10:00** JEOPARDY! **11:00** Morning Movement- Exercise **1:30** BINGO **3:00** Saturday MUSICAL MOVIE MATINEE **3:30** Outing- Mass at St. John's **6:00** Resident Run- BINGO!
2 **9:30** Current Events and Conversation **10:00** Livestream Mass **11:00** Exercise- Badminton **1:00** THE CHOSEN- A Spiritual Discussion Group with Resident Stephen M.- Everyone is welcome! **1:15** LET'S PLAY CARDS!-Kings in the Corner, Uno, or you Choose! **3:00** Sunday MUSICAL MOVIE MATINEE **6:00** Resident Run-Left, Right, Center Dice Game	**3** **9:30** Daily Chronicle **10:00** Outing- WALMART- HOOKSETT **10:00** Trivia- Stretching Mind Muscles! **11:00** Morning Movement with Kailah! **1:15** BEGINNING PAINTING WORKSHOP WITH RESIDENT ARTIST BRUCE HOLLAWAY! FINISHING OUR PROJECT **1:30** Virtual Concert **2:15** Men's Movement for Muscle with Kailah! **4:00** Happy Hour! **6:00** Resident Run- Scrabble and Cribbage	**4** **9:30** Current Events and Conversation **10:00** Village Voices Chorus Practice **11:00** Rosary Group **11:15** Chair Yoga with Dalyne **1:15** BINGO **2:15** Stitch and Chat- Sewing, Knitting, Crocheting, Needlepoint, and more! **4:00** Happy Hour! **6:00** Resident Run- BINGO!	**5** **9:30** Daily Chronicle **10:00** Wednesday Crossword Puzzle Game **11:00** Morning Movement **11:00** Outing on the Bus- ICHIBAN RESTAURANT- JAPANESE STEAK HOUSE **1:15** NEW GAME!- TAPPLE! We'll show you how to play! **2:15** Gentle Stretch with Kailah **2:30** One on One Visits **4:00** Happy Hour! **6:00** Resident Run-Left, Right, Center Dice Game	**6** **9:30** Current Events and Conversation **10:00** BINGO **11:00** Morning Movement **11:00** Thankful Thursday- Spiritual Discussion Group **1:15** Word in a Word Game! **2:15** Men's Movement for Muscle with Kailah! **4:00** Happy Hour! **6:00** Resident Run- BINGO!	**7** **9:30** Daily Chronicle **10:00** Village Voices Chorus Practice **11:00** Fun Friday Movement with Kailah **1:15** Card Game- Kings in the Corner **2:00 LIVE ENTERTAINMENT WITH SINGER STAN ANDERSON** **4:00** Happy Hour! **6:00** Friday Night Flicks **6:00** Resident Run- Scrabble and Cribbage	**8** **9:30** Current Events and Conversation **10:00** JEOPARDY! **11:00** Morning Movement- Exercise **1:30** BINGO **3:00** Saturday MUSICAL MOVIE MATINEE **3:30** Outing- Mass at St. John's **6:00** Resident Run- BINGO!
9 **9:30** Current Events and Conversation **10:00** Rosary Group **11:00** Exercise- Balloon Volleyball **1:00** THE CHOSEN- A Spiritual Discussion Group with Resident Stephen M.- Everyone is welcome! **1:15** LET'S PLAY CARDS!-Kings in the Corner, Uno, or you Choose! **3:00** Sunday MUSICAL MOVIE MATINEE **6:00** Resident Run-Left, Right, Center Dice Game	**10** **9:30** Daily Chronicle **10:00** Outing- MARKET BASKET-HOOKSETT **10:00** Trivia- Stretching Mind Muscles! **11:00** Morning Movement with Kailah! **1:15** BEGINNING PAINTING WORKSHOP WITH RESIDENT ARTIST BRUCE HOLLAWAY! **1:15** RESIDENT SUPPORT GROUP- with Brookhaven- Everyone is welcome to join! **1:30** Virtual Concert **2:15** Men's Movement for Muscle with Kailah! **4:00** Happy Hour! **6:00** Resident Run- Scrabble and Cribbage	**11** **All Day VETERANS DAY** **8:15 VETERANS DAY BREAKFAST IN THE MERRIMACK ROOM** **10:00** Village Voices Chorus Practice **11:00** Rosary Group **11:15** Chair Yoga with Dalyne **1:15** BINGO **2:00 VETERANS DAY FLAG CEREMONY OUTSIDE AT THE FLAG POLE** **2:30 VETERANS DAY CEREMONY AND PRESENTATION WITH BROOKHAVEN HOSPICE** **4:00** Happy Hour! **6:00** Resident Run- BINGO!	**12** **9:30** Daily Chronicle **10:00** Wednesday Word Puzzles **10:45** Outing on the Bus- HOLY GRAIL RESTAURANT IN EPPING **11:00** Morning Movement **1:15 CRAFT WITH CHRISTINE- Let's Make a Beautiful Thanksgiving Card** **2:15** Gentle Stretch with Kailah **2:45 CRAFT WITH CHRISTINE- Let's Make a Beautiful Thanksgiving Card** **4:00** Happy Hour! **6:00** Resident Run-Left, Right, Center Dice Game	**13** **9:30** Current Events and Conversation **10:00** BINGO **11:00** Morning Movement **11:00** Thankful Thursday- Spiritual Discussion Group **1:15 MAHJONG CLUB! If you are interested in playing, please attend this meeting!** **2:15** Men's Movement for Muscle with Kailah! **2:45 CALENDAR PLANNING MEETING- PLANNING FOR DECEMBER!- All are welcome to attend!** **4:00** Happy Hour! **6:00** Resident Run- BINGO!	**14** **9:30** Daily Chronicle **10:00** Village Voices Chorus Practice **11:00** Fun Friday Movement with Kailah **1:00 SPIRITUAL SERVICE WITH CHAPLAIN SHELLIE- All denominations are invited to attend** **1:15** Card Game- Kings in the Corner **2:00** LET'S PLAY POOL IN THE PUB!- Everyone welcome! **2:30 New Activity!-BOOK CLUB- COME AND SEE WHAT IT IS ALL ABOUT!** **4:00** Happy Hour! **6:00** Friday Night Flicks **6:00** Resident Run- Scrabble and Cribbage	**15** **9:30** Current Events and Conversation **10:00** JEOPARDY! **10:30 DEMENTIA SUPPORT GROUP WITH KATHY** **11:00** Morning Movement- Exercise **1:30** BINGO **3:00** Saturday MUSICAL MOVIE MATINEE **3:30** Outing- Mass at St. John's **6:00** Resident Run- BINGO!
16 **9:30** Current Events and Conversation **10:00** Livestream Mass **11:00** Exercise- Badminton **1:00** THE CHOSEN- A Spiritual Discussion Group with Resident Stephen M.- Everyone is welcome! **1:30 LUCAS GAGNE'S (OUR LEAD SERVER'S) STUDENT COUNCIL GROUP WILL BE HERE TO DO A GAME AFTERNOON WITH RESIDENTS!** **3:00** Sunday MUSICAL MOVIE MATINEE **6:00** Resident Run-Left, Right, Center Dice Game	**17** **All Day OUR FIRST WORLD TRAVEL DAY!- DESTINATION CANADA** **9:30** Daily Chronicle **10:00** Outing- HANNAFORD-MANCHESTER **10:00** Trivia- Stretching Mind Muscles!- Including some Trivia about CANADA! **11:00 Morning Movement- LET'S PLAY A TRADITIONAL CANADIAN GAME- HOCKEY! (Chair Hockey)** **11:00 SPECIAL LUNCH SERVED IN THE DINING ROOM- With Traditional Canadian Recipes!** **1:30 TRAVEL VIDEO- EXPLORING CANADA!** **2:15** Men's Movement for Muscle with Kailah! **2:45** BEGINNING PAINTING WORKSHOP WITH RESIDENT ARTIST BRUCE HOLLAWAY! **4:00 Happy Hour! SERVING TRADITIONAL CANADIAN SNACKS!** **4:30 SPECIAL DINNER SERVED IN THE DINING ROOM- With Traditional Canadian Recipes** **6:00** Resident Run- Scrabble and Cribbage	**18** **9:30** Current Events and Conversation **10:00** Village Voices Chorus Practice **11:00** Rosary Group **11:15** Chair Yoga with Dalyne **1:15** BINGO **2:15** Stitch and Chat- Sewing, Knitting, Crocheting, Needlepoint, and more! **4:00** Happy Hour! **6:00** Resident Run- BINGO!	**19** **9:30** Daily Chronicle **10:00** Word in a Word Game **10:30** Outing on the Bus- RED BLAZER IN CONCORD **11:00** Morning Movement **2:15** Gentle Stretch with Kailah **2:30 A FRIENDSGIVING PARTY!- MEET YOUR NEW NEIGHBORS! SERVING HOMEMADE APPLE CRISP AND VANILLA ICE CREAM** **4:00** Happy Hour! **6:00** Resident Run-Left, Right, Center Dice Game	**20** **9:30** Current Events and Conversation **10:00** BINGO **11:00** Morning Movement **11:00** Thankful Thursday- Spiritual Discussion Group **2:00 LIVE ENTERTAINMENT WITH RICH ARALDI & SUSIE** **2:15** Men's Movement for Muscle with Kailah! **3:00 VISIT WITH ALLENSTOWN STUDENT COUNCIL STUDENTS FOR A GAME HOUR- ALL ARE WELCOME TO ATTEND!** **4:00** Happy Hour! **6:00** Resident Run- BINGO!	**21** **9:30** Daily Chronicle **10:00** Village Voices Chorus Practice **11:00** Fun Friday Movement with Kailah **1:30** LET'S PLAY POOL IN THE PUB!- Everyone welcome!- Notice special time just for today **2:30 RESIDENT COUNCIL- SPECIAL DAY JUST FOR THIS MONTH** **4:00** Happy Hour! **6:00** Friday Night Flicks **6:00** Resident Run- Scrabble and Cribbage	**22** **9:30** Current Events and Conversation **10:00** JEOPARDY! **11:00** Morning Movement- Exercise **1:30** BINGO- PLEASE NOTE BINGO WILL BE PLAYED IN THE MERRIMACK ROOM JUST FOR TODAY **3:00** Saturday MUSICAL MOVIE MATINEE **3:30** Outing- Mass at St. John's **6:00** Resident Run- BINGO!
23 **9:30** Current Events and Conversation **10:00** Rosary Group **11:30 RESIDENTS, FAMILY AND FRIENDS THANKSGIVING DINNER!** **3:00** Sunday MUSICAL MOVIE MATINEE **6:00** Resident Run-Left, Right, Center Dice Game	**24** **9:30** Daily Chronicle **9:30 Outing- BEKTASH FESTIVAL OF TREES IN CONCORD** **10:00** Trivia- Stretching Mind Muscles! **11:00** Morning Movement with Kailah! **1:15 PRESENTATION WITH PROFESSIONAL SPEAKER- ROBIN SHELGREN "ISABELLA STEWART GARDNER MUSEUM HEIST"** **2:15** Men's Movement for Muscle with Kailah! **2:45** BEGINNING PAINTING WORKSHOP WITH RESIDENT ARTIST BRUCE HOLLAWAY! **3:00** Outing- MARKET BASKET HOOKSETT **4:00** Happy Hour! **6:00** Resident Run- Scrabble and Cribbage	**25** **9:30** Current Events and Conversation **10:00** Village Voices Chorus Practice **11:00** Rosary Group **11:15** Chair Yoga with Dalyne **1:00 LET'S MAKE GIFTS OF THANKS FOR OUR STAFF! We will make mini floral arrangments for each staff member!** **2:00 LIVE ENTERTAINMENT WITH SINGER DAN CLARK!** **4:00** Happy Hour! **6:00** Resident Run- BINGO!	**26** **9:30** Daily Chronicle **10:00** Wednesday Word Puzzles **10:30** Outing on the Bus- OLIVE GARDEN IN CONCORD **11:00** Morning Movement **2:15** Gentle Stretch with Kailah **2:45 FLORAL ARRANGING WORKSHOP WITH FRESH FLOWERS!** **4:00** Happy Hour! **6:00** Resident Run-Left, Right, Center Dice Game	**27** **All Day** HAPPY THANKSGIVING! **9:30** Current Events and Conversation **10:00** BINGO- WITH SPECIAL PRIZES TO CELEBRATE THANKSGIVING! **11:00** Thankful Thursday- Spiritual Discussion Group **3:00 SPECIAL THANKSGIVING DAY MOVIE MATINEE- A Thanksgiving Comedy Classic "Grumpy Old Men"** **6:00** Resident Run- BINGO!	**28** **9:30** Daily Chronicle **10:00** Village Voices Chorus Practice **11:00** Fun Friday Movement with Kailah **1:15** Card Game- Kings in the Corner **2:00** LET'S PLAY POOL IN THE PUB!- Everyone welcome! **3:00 LIVE ENTERTAINMENT WITH SINGER GARDNER BERRY** **4:00** Happy Hour! **6:00** Friday Night Flicks **6:00** Resident Run- Scrabble and Cribbage	**29** **9:30** Current Events and Conversation **10:00** JEOPARDY! **11:00** Morning Movement- Exercise **1:30** BINGO **3:00** Saturday MUSICAL MOVIE MATINEE **3:30** Outing- Mass at St. John's **5:30 Outing- GIFT OF LIGHTS TOUR IN LOUDON** **6:00** Resident Run- BINGO!
30 **9:30** Current Events and Conversation **10:00** Livestream Mass **11:00** Exercise- Balloon Volleyball **1:00** THE CHOSEN- A Spiritual Discussion Group with Resident Stephen M.- Everyone is welcome! **1:15** LET'S PLAY CARDS!-Kings in the Corner, Uno, or you Choose! **3:00** Sunday MUSICAL MOVIE MATINEE **6:00** Resident Run-Left, Right, Center Dice Game						