

Colebrook Village at Hebron

55 John E Horton Blvd. • Hebron, CT 06248 • (860) 801-1114



A heartfelt thank you to all who helped to create and decorate to make our Colebrook Home beautiful for the holidays!



It takes a Village to Bring this Village to Life!



Mike Gave us the Gift of Fitness this Year!

January 2025






A packed house to see Lindy perform with the Mansfield Senior Center Chorus! Such an amazing performance!



Cookies and Cookies and More Cookies! It was a herculean effort, but we baked so many resident favorites from their childhood! A yummy way to share our heritages!



We have two groups of artists working on paintings with Deb! They are beautiful! Look for more programs with Deb in the new year!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January Birthdays! <ul style="list-style-type: none"> Lois 1/3 Gwen 1/3 Judy B. 1/6 Andrea 1/7 Gerry M. 1/12 Paula 1/13 Anita B. 1/18 Vince 1/22 Peg M. 1/23 Sue 1/31 Happy Birthday to You All!	Deer Hunt Jan 3! Don't Miss the Fun! 	Thank You for the Visit Santa! 	New Year's Day 1 10:00 PW Exercise Class 10:30 EW Out with The Old/In with the New! 11:00 SW Catholic Mass with Fr Mike 12:45 EW Guided Meditation! 1:00 IA UNO! 2:00 SW Big Money LRC! 3:00 SW Pick A Prize Bingo 4:00 SW Social Time 6:30 MN Movie Night	2 10:00 PW Senior Stability Class! 10:30 SW Coffee, Tea and Chat! 1:00 IA Birds and Beyond! 1:30 EW Jax, the Therapy Dog! 2:00 IA Bridge 2:15 PW Sit and Fit with a Twist! 3:00 PW Balloon Volleyball! 3:00 IA Great Course Lecture Series 3:00 EW Grief Support Group 4:00 SW Social Time 6:30 MN Movie Night	3 9:30 SW St. Peter's Episcopal Pre-Recorded Service 10:00 PW Exercise Class 10:30 IA Resident Shuttle to Ted's & CVS 10:30 IA White Board Wheel of Fortune! 11:00 SW Rosary 1:00 IA Music Appreciation 2:00 EW Deer Hunt! 3:00 IA Out Trip to Hebron Library! 3:00 IA Word Within A Word! 3:30 IA Country Store 4:00 SW Social Time 6:30 MN Movie Night!	4 9:30 IA Team Sudoku! 10:30 IA Great Courses: Lecture Series 11:00 PW Yoga with Loni! 12:30 IA Tech Teen Josh! 1:30 SW Dollar Bingo! 1:45 MN Movie Matinee 3:00 MN Orchestra Performance! 4:00 SW Soda Saturday Social! 6:30 MN Movie Night!
5 9:15 SW Transportation to Local Churches 10:00 SW Televised Catholic Mass 10:30 SW Second Cup Sunday! 11:00 IA Wii Bowling! 1:00 MN Sunday at the Opera 1:30 PW Cardio Drumming! 2:15 IA Balloon Volleyball! 3:00 IA UNO! 4:00 IA Res-Led Rummikub, Cards, Games! 6:30 MN Movie Night!	6 9:30 IA Team Sudoku! 10:00 PW Jumpstart January! 10:00 IA Shopping Out Trip to Ocean State Job Lot 10:30 IA Wii Jeopardy 11:00 IA Armchair Travel 1:00 MN Matinee Showing of Musical Monday! 2:00 SW Bible Study 2:30 PW Cardio Slide! 4:00 SW Social Time 6:30 MN Movie Night!	7 9:00 PW Blood Pressure Clinic! 10:00 PW Senior Stability Class! 10:30 IA Wordle! 1:00 PW Wii Bowling! 1:15 PW Zumba! 2:00 IA Bridge 3:00 IA Great Course Lecture Series 3:00 IA Mexican Train & Corn Hole 4:00 SW Social Time 5:45 EW Pet Therapy Training 6:30 MN Movie Night!	8 9:00 IA Out Trip to Foxwoods BINGO! 10:00 PW Cardio Slide! 10:30 EW Parkinson's Group 10:30 IA UNO! 12:45 EW Guided Meditation! 1:30 PW Seated Cardio with Music! 2:00 IA Think Fast! 3:00 SW Pick A Prize Bingo 4:00 SW Social Time 6:30 MN Movie Night	9 10:00 PW Senior Stability Class! 10:30 SW Coffee, Tea and Chat! 1:30 EW Jax, the Therapy Dog! 2:00 IA Bridge 2:00 MN Jason Castonguay Concert 3:15 PW Balloon Volleyball 3:15 IA Great Course Lecture Series 4:00 SW Social Time 6:30 MN Movie Night	10 9:30 SW St. Peter's Episcopal Pre-Recorded Service 10:00 PW Exercise Class 10:30 IA Resident Shuttle to Ted's & CVS 10:30 IA White Board Wheel of Fortune! 11:00 SW Rosary 1:00 IA Music Appreciation 2:00 IA Guess Who??? 3:00 IA Out Trip to Hebron Library! 3:00 IA Word Within A Word! 3:30 IA Country Store 4:00 SW Social Time 6:30 MN Movie Night!	11 9:30 IA Team Sudoku! 10:30 IA Great Courses: Lecture Series 11:00 PW Yoga with Loni! 12:30 IA Tech Teen Josh! 1:15 IA Name That Tune Jeopardy! 1:45 MN Movie Matinee 3:00 SW DOLLAR BINGO 4:00 SW Soda Saturday Social! 6:30 MN Movie Night!
12 9:15 SW Transportation to Local Churches 10:00 SW Televised Catholic Mass 10:30 SW Second Cup Sunday! 11:00 IA Wii Bowling! 1:00 MN Sunday at the Opera 1:30 PW Cardio Drumming! 2:15 IA Balloon Volleyball! 3:00 IA UNO! 4:00 IA Res-Led Rummikub, Cards, Games! 6:30 MN Movie Night!	13 9:30 IA Team Sudoku! 10:00 PW Jumpstart January! 10:00 IA Shopping Out Trip to Walmart/Aldi 10:30 IA Wii Jeopardy 11:00 IA Armchair Travel 1:00 MN Matinee Showing of Musical Monday! 1:30 IA Eric The Plant Guy 2:00 SW Bible Study 2:30 PW Cardio Slide! 3:15 SW Off To The Races! 4:00 SW Social Time 6:30 MN Movie Night!	14 10:00 PW Senior Stability Class! 10:30 IA Wordle! 1:00 PW Wii Bowling! 1:15 PW Zumba! 2:00 IA Bridge 2:00 IA Genealogy with Cathy! 3:00 PW Corn Hole! 3:00 IA Great Course Lecture Series 3:00 EW Men's Group! 4:00 SW Social Time 5:45 EW Pet Therapy Training 6:30 MN Movie Night!	15 10:00 PW Cardio Slide! 10:30 IA Out Trip 10:30 IA UNO! 12:45 EW Guided Meditation! 1:30 EW Sing-A-Long 2:00 PW Seated Cardio with Music! 2:30 EW Scenic Drive 3:00 SW Pick A Prize Bingo 4:00 SW Social Time 6:30 MN Movie Night	16 10:00 PW Senior Stability Class! 10:30 SW Coffee, Tea and Chat! 1:00 IA Birds and Beyond! 1:30 EW Jax, the Therapy Dog! 2:00 IA Bridge 2:15 PW Sit and Fit with a Twist! 3:00 PW Balloon Volleyball! 3:00 IA Great Course Lecture Series 4:00 SW Social Time 6:30 MN Movie Night	17 9:30 SW St. Peter's Episcopal Pre-Recorded Service 10:00 PW Exercise Class 10:30 IA Resident Shuttle to Ted's & CVS 10:30 IA White Board Wheel of Fortune! 11:00 SW Rosary 1:00 IA Music Appreciation 2:00 IA Scategories! 3:00 IA Out Trip to Hebron Library! 3:00 IA Word Within A Word! 3:30 IA Country Store 4:00 SW Social Time 6:30 MN Movie Night!	18 9:30 IA Team Sudoku! 10:30 IA Great Courses: Lecture Series 11:00 PW Yoga with Loni! 12:30 IA Tech Teen Josh! 1:15 IA Name That Tune Jeopardy! 1:45 MN Movie Matinee 3:00 SW DOLLAR BINGO 4:00 SW Soda Saturday Social! 6:30 MN Movie Night!
19 9:15 SW Transportation to Local Churches 10:00 SW Televised Catholic Mass 10:30 SW Second Cup Sunday! 11:00 IA Wii Bowling! 1:00 MN Sunday at the Opera 1:30 PW Cardio Drumming! 2:15 IA Balloon Volleyball! 3:00 IA UNO! 4:00 IA Res-Led Rummikub, Cards, Games! 6:30 MN Movie Night!	Martin Luther King Jr. Day 20 9:30 IA Team Sudoku! 10:00 PW Jumpstart January! 10:00 IA Shopping Out Trip to Dollar General 10:30 IA Wii Jeopardy 11:00 IA Armchair Travel 1:00 MN Matinee Showing of Musical Monday! 1:30 SW Resident Council 2:00 SW Bible Study 2:30 PW Cardio Slide! 4:00 SW Social Time 6:30 MN Movie Night!	21 10:00 PW Senior Stability Class! 10:30 IA Wordle! 1:00 MN RHAM Tri-M Music Recital 2:00 IA Bridge 2:00 PW Wii Bowling! 2:15 PW Zumba! 3:00 IA Great Course Lecture Series 3:00 IA Mexican Train & Corn Hole 4:00 SW Social Time 5:45 EW Pet Therapy Training 6:30 MN Movie Night!	22 10:00 PW Cardio Slide! 10:30 IA Out Trip 10:30 IA UNO! 12:45 EW Guided Meditation! 1:30 PW Seated Cardio with Music! 2:00 IA Creative Corner 2:30 EW Scenic Drive 3:00 SW Pick A Prize Bingo 4:00 SW Social Time 6:30 MN Movie Night	23 10:00 PW Senior Stability Class! 10:30 SW Coffee, Tea and Chat! 1:00 MN The Ben and Ed Show! 2:00 IA Bridge 2:15 PW Sit and Fit with a Twist! 3:00 PW Balloon Volleyball 3:00 IA Great Course Lecture Series 4:00 SW Social Time 6:30 MN Movie Night	24 9:30 SW St. Peter's Episcopal Pre-Recorded Service 10:00 PW Exercise Class 10:30 IA Resident Shuttle to Ted's & CVS 10:30 IA White Board Wheel of Fortune! 11:00 SW Rosary 1:00 IA Music Appreciation 2:00 IA Pictionary! 3:00 IA Out Trip to Hebron Library! 3:00 IA Word Within A Word! 3:30 IA Country Store 4:00 SW Social Time 6:30 MN Movie Night!	25 9:30 IA Team Sudoku! 10:30 IA Great Courses: Lecture Series 11:00 PW Yoga with Loni! 12:30 IA Tech Teen Josh! 1:15 IA Name That Tune Jeopardy! 1:45 MN Movie Matinee 3:00 SW DOLLAR BINGO 4:00 SW Soda Saturday Social! 6:30 MN Movie Night!
26 9:15 SW Transportation to Local Churches 10:00 SW Televised Catholic Mass 10:30 SW Second Cup Sunday! 11:00 IA Wii Bowling! 1:00 MN Sunday at the Opera 1:30 PW Cardio Drumming! 2:15 IA Balloon Volleyball! 3:00 IA UNO! 4:00 IA Res-Led Rummikub, Cards, Games! 6:30 MN Movie Night!	27 9:30 IA Team Sudoku! 10:00 PW Jumpstart January! 10:00 IA Shopping Out Trip to Eastbrook Mall Area 10:30 IA Wii Jeopardy 11:00 IA Armchair Travel 1:00 MN Matinee Showing of Musical Monday! 2:00 SW Bible Study 2:30 PW Cardio Slide! 3:15 SW Off To The Races! 4:00 SW Social Time 6:30 MN Movie Night!	28 10:00 PW Senior Stability Class! 10:30 IA Wordle! 1:00 PW Wii Bowling! 1:15 PW Zumba! 2:00 IA Bridge 2:00 IA Osteoporosis Seminar with Kate from Enliven! 3:00 PW Corn Hole! 3:00 IA Great Course Lecture Series 4:00 SW Social Time 5:45 EW Pet Therapy Training 6:30 MN Movie Night!	29 9:00 SW Out Trip to Veterans Coffee Hour 10:00 PW Cardio Slide! 10:30 IA Out Trip 10:30 IA UNO! 12:45 EW Guided Meditation! 1:30 EW Sing-A-Long 2:00 PW Seated Cardio with Music! 2:30 EW Scenic Drive 3:00 SW Pick A Prize Bingo 4:00 SW Social Time 6:30 MN Movie Night	30 10:00 PW Senior Stability Class! 10:30 SW Coffee, Tea and Chat! 11:00 SW Service with Father Ron 1:00 IA Birds and Beyond! 1:30 EW Jax, the Therapy Dog! 2:00 IA Bridge 2:15 PW Sit and Fit with a Twist! 3:00 PW Balloon Volleyball! 3:00 IA Great Course Lecture Series 4:00 SW Social Time 6:30 MN Movie Night	31 9:30 SW St. Peter's Episcopal Pre-Recorded Service 10:00 PW Exercise Class 10:30 IA Resident Shuttle to Ted's & CVS 10:30 IA White Board Wheel of Fortune! 11:00 SW Rosary 1:00 IA Music Appreciation 2:00 IA Crossword Together! 3:00 IA Out Trip to Hebron Library! 3:00 IA Word Within A Word! 3:30 IA Country Store 4:00 SW Social Time 6:30 MN Movie Night!	

January 2025



Let it Snow, let it Snow, let it Snow! Colebrook looks so beautiful covered in white! Glad to be cozy and warm inside!

“This Month In History” JANUARY

1901: The American Bowling Congress organizes the first national bowling tournament, held in Chicago.

1938: Benny Goodman plays a sold-out concert at New York City’s Carnegie Hall. It was the first time jazz was played at the venue, and the first time that white and Black musicians performed together on a U.S. stage.

1943: Headquarters for the U.S. Department of Defense, the Pentagon building officially opens.

1953: Chevrolet debuts its new sports car, the Corvette.

1986: James Brown, Buddy Holly and Elvis Presley are among the first artists inducted into the Rock & Roll Hall of Fame.

1994: American speedskater Dan Jansen sets a new world record, skating 500 meters in 35.76 seconds at a race in Canada.

2006: An unmanned NASA probe blasts off to begin a 3 billion-mile journey to Pluto.

2010: Apple introduces its first iPad, a touch-screen tablet computer.

2019: A polar vortex sends frigid air across the upper Midwest and Northeast, causing record-breaking low temperatures.