

Colebrook Village at Hebron

September 2024

- AR Activity Room
- SW Social Wellness
- NS Neighborhood Stroll
- PW Physical Wellness
- BT Bus Trip
- GT Game Time
- M Music
- SC Snack and Chat
- CA Creative Arts
- BCK Baking/Cooking
- MOV Movie
- PV Pet Visits

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
National Forgiveness Day! 1 7:00 DR Morning Melodies ♪ 10:00 SW Spiritual Mass 10:15 DR Coffee & Chronicles ☕ 10:15 PW Let's Get Groovin' ♪ 11:00 AR Artistic Circle- Painting or Coloring 🎨 1:30 IW Crafting Corner 🧶 2:30 PW Broomstick Shuffleboard ↔ 3:00 SW Mocktail Hour ☕ 3:30 AR BINGO 🎲 5:30 EM Let's Go To The "Movies" 🎬	Labor Day 2 7:00 LR Morning Melodies ♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin' ♪ 11:00 IW All About Labor! 1:30 PW Cardio Drumming ↔ 2:15 AR Creative Senses 🎨 3:00 SW Mocktail Hour ☕ 3:30 SW BINGO 🎲 5:30 EM Let's Go To The "Movies" 🎬	National Cinema Day! 3 7:00 LR Morning Melodies ♪ 9:30 PW Low Intensity Aerobics ↔ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin' ♪ 10:30 EW Yoga: Mind, Body & Soul ↔ 11:00 IW Name That Tune! 🎵 1:45 IW Science Lab 🧪 3:00 SW Mocktail Hour ☕ 3:30 SW BINGO 🎲 5:30 EM Let's Go To The "Movies" 🎬	National Macadamia Nut Day! 4 7:00 LR Morning Melodies ♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin' ♪ 10:30 PW Low Intensity Aerobics ↔ 11:00 DR My Mother's Recipes ♥ 1:30 PW Seated Cardio ↔ 2:30 EM Sing-Along with Ashley ♪ 3:00 PW Wild Card w/ Mike ↔ 3:30 SW Mocktail Hour ☕ 5:30 EM Let's Go To The "Movies" 🎬	National Cheese Pizza! 5 7:00 LR Morning Melodies ♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin' ♪ 10:30 PW Zumba Class ↔ 11:00 IW Trivia & Reminiscing 1:00 EW Therapy Dog Visits with Jax 🐾 1:30 PW Newspaper shuffle w/ Mike ↔ 2:25 NS Afternoon Stroll -- Inside or Outside ↔ 3:15 SW Mocktail Hour ☕ 3:30 IW Finish the Phrase 🗣️ 5:30 EM Let's Go To The "Movies" 🎬	National Read a Book Day! 6 7:00 LR Morning Melodies ♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin' ♪ 10:30 PW Low Intensity Aerobics ↔ 11:00 PW Balloon Games 12:00 BT Out Trip to Gina Marie's ☺ 3:00 SW Mocktail Hour ☕ 3:30 IW Book Talk- (Chicken Soup For The Soul) 5:30 EM Let's Go To The "Movies" 🎬	National Acorn Squash Day! 7 7:00 DR Morning Melodies ♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin' ♪ 10:30 PW Cardio Drumming ↔ 1:45 EM Movie Matinee -- Theater! 🎬 2:00 AR Fun Games with Tonya 3:00 SW Mocktail Hour ☕ 3:30 AR BINGO 🎲 5:30 EM Let's Go To The "Movies" 🎬
National Grandparents Day! 8 7:00 DR Morning Melodies ♪ 10:00 SW Spiritual Mass 10:15 DR Coffee & Chronicles ☕ 10:15 PW Let's Get Groovin' ♪ 11:00 AR Artistic Circle- Painting or Coloring 🎨 1:30 IW Crafting Corner 🧶 2:30 PW Cornhole ↔ 3:00 SW Mocktail Hour ☕ 3:30 AR BINGO 🎲 5:30 EM Let's Go To The "Movies" 🎬	Share Your Care Day! 9 7:00 LR Morning Melodies ♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin' ♪ 11:00 IW Blissful Spa! 1:30 PW Cardio Drumming ↔ 2:15 AR Creative Senses 🎨 3:00 SW Mocktail Hour ☕ 3:30 SW BINGO 🎲 5:30 EM Let's Go To The "Movies" 🎬	National Ants on A Log Day! 10 7:00 LR Morning Melodies ♪ 9:30 PW Low Intensity Aerobics ↔ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin' ♪ 10:30 EW Yoga: Mind, Body & Soul ↔ 11:00 IW Science Lab 🧪 11:30 PW Balloon Toss 🎈 2:00 EM Bruce John - Welles ♪ 3:00 SW Mocktail Hour ☕ 3:30 SW BINGO 🎲 5:30 EM Let's Go To The "Movies" 🎬	Happy Birthday Maija! 11 7:00 LR Morning Melodies ♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin' ♪ 10:30 PW Low Intensity Aerobics ↔ 11:00 DR My Mother's Recipes ♥ 1:30 PW Seated Cardio ↔ 2:30 EM Sing-Along with Ashley ♪ 3:00 PW Wild Card w/ Mike ↔ 3:30 SW Mocktail Hour ☕ 5:30 EM Let's Go To The "Movies" 🎬	Chocolate Milkshake Day! 12 7:00 LR Morning Melodies ♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin' ♪ 10:30 PW Zumba Class ↔ 11:00 IW Trivia & Reminiscing 1:00 EW Therapy Dog Visits with Jax 🐾 1:30 PW Cup Pong w/ Mike ↔ 2:25 NS Afternoon Stroll -- Inside or Outside ↔ 3:15 SW Make your Own Chocolate MilkShake! 🍫 3:30 PW NERF Football ↔ 5:30 EM Let's Go To The "Movies" 🎬	Positive Thinking Day! 13 7:00 LR Morning Melodies ♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin' ♪ 10:30 PW Low Intensity Aerobics ↔ 11:00 PW Beach Ball & Noodle Hockey ↔ 12:00 BT Out Trip to Gina Marie's ☺ 3:00 SW Mocktail Hour ☕ 3:30 IW Memory Jogger! 🧠 5:30 EM Let's Go To The "Movies" 🎬	Happy Birthday Paul! 14 7:00 DR Morning Melodies ♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin' ♪ 10:30 PW Cardio Drumming ↔ 1:45 EM Movie Matinee -- Theater! 🎬 2:00 AR Fun Games with Tonya 3:00 SW Mocktail Hour ☕ 3:30 AR BINGO 🎲 5:30 EM Let's Go To The "Movies" 🎬
Double Cheeseburger Day! 15 7:00 DR Morning Melodies ♪ 10:00 SW Spiritual Mass 10:15 DR Coffee & Chronicles ☕ 10:15 PW Let's Get Groovin' ♪ 11:00 AR Artistic Circle- Painting or Coloring 🎨 1:30 IW Crafting Corner 🧶 2:30 PW Broomstick Shuffleboard ↔ 3:00 SW Mocktail Hour ☕ 3:30 AR BINGO 🎲 5:30 EM Let's Go To The "Movies" 🎬	National Play-dough Day! 16 7:00 LR Morning Melodies ♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin' ♪ 11:00 IW Crossword Puzzle 1:30 PW Cardio Drumming ↔ 2:15 AR Creative Senses 🎨 3:00 SW Mocktail Hour ☕ 3:30 SW BINGO 🎲 5:30 EM Let's Go To The "Movies" 🎬	National Monte Cristo Day! 17 7:00 LR Morning Melodies ♪ 9:30 PW Low Intensity Aerobics ↔ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin' ♪ 10:30 EW Yoga: Mind, Body & Soul ↔ 11:00 LR Crossword Puzzle 🧩 1:45 IW Science Lab 🧪 3:00 SW Mocktail Hour ☕ 3:30 SW BINGO 🎲 5:30 EM Let's Go To The "Movies" 🎬	Air Force Birthday! 18 7:00 LR Morning Melodies ♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin' ♪ 10:30 PW Low Intensity Aerobics ↔ 11:00 DR My Mother's Recipes ♥ 1:30 PW Seated Cardio ↔ 2:30 EM Sing-Along with Ashley ♪ 3:00 PW Wild Card w/ Mike ↔ 3:30 SW Mocktail Hour ☕ 5:30 EM Let's Go To The "Movies" 🎬	Butterscotch Pudding Day! 19 7:00 LR Morning Melodies ♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin' ♪ 10:30 PW Zumba Class ↔ 11:00 IW Catholic Service w/ Father Mike- Chapel 1:00 EW Therapy Dog Visits with Jax 🐾 1:30 PW Volleyball w/ Mike ↔ 2:25 NS Afternoon Stroll -- Inside or Outside ↔ 3:15 SW Mocktail Hour ☕ 3:30 PW NERF Football ↔ 5:30 EM Let's Go To The "Movies" 🎬	National Fried Rice Day! 20 7:00 LR Morning Melodies ♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin' ♪ 10:30 PW Low Intensity Aerobics ↔ 11:00 PW Balloon Games 1:15 BT "We're Going On A Trip" ☺ 3:00 SW Mocktail Hour ☕ 3:30 PW NERF Football 🎯 5:30 EM Let's Go To The "Movies" 🎬	National Dance Day! 21 7:00 DR Morning Melodies ♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin' ♪ 10:30 PW Cardio Drumming ↔ 1:45 EM Movie Matinee -- Theater! 🎬 2:00 AR Fun Games with Tonya 3:00 SW Mocktail Hour ☕ 3:30 AR BINGO 🎲 5:30 EM Let's Go To The "Movies" 🎬
States and Capitals Day! 22 7:00 DR Morning Melodies ♪ 10:00 SW Spiritual Mass 10:15 DR Coffee & Chronicles ☕ 10:15 PW Let's Get Groovin' ♪ 11:00 AR Artistic Circle- Painting or Coloring 🎨 1:30 IW Crafting Corner 🧶 2:30 PW Cornhole ↔ 3:00 SW Mocktail Hour ☕ 3:30 AR BINGO 🎲 5:30 EM Let's Go To The "Movies" 🎬	National Family Day! 23 7:00 LR Morning Melodies ♪ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin' ♪ 11:00 IW All About Recycling 1:30 PW Cardio Drumming ↔ 2:15 AR Creative Senses 🎨 3:00 SW Mocktail Hour ☕ 3:30 SW BINGO 🎲 5:30 EM Let's Go To The "Movies" 🎬	Happy Birthday Peter! 24 7:00 LR Morning Melodies ♪ 9:30 PW Low Intensity Aerobics ↔ 10:00 LR News, Weather and Chat 10:15 PW Let's Get Groovin' ♪ 10:30 EW Yoga: Mind, Body & Soul ↔ 11:00 				