

Colebrook ∞ Village at Hebron

55 John E Horton Blvd. • Hebron, CT 06248 • (860) 801-1114

September 2024



Colebrook Celebrated the Olympics with Food and Fun! We enjoyed many tastes of French foods and contests over the two weeks! Enjoy the Highlights!



Colebrook Residents put their all into it! Way to Go!



Scot and Mike ... such good sports! Jessica and Tammy too!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>8:40 SW Transportation To Local Churches 10:00 SW Televised Catholic Mass 10:30 SW Second Cup Sunday! 11:00 IA Wii Bowling! 1:00 MN Sunday at the Opera 1:15 IA Balloon Volleyball! 2:00 SW Wild Card Sunday! 2:45 IA UNO! 4:00 IA Res-Led Rummikub, Cards, Games! 6:30 MN Movie Night!</p>	<p>2</p> <p>Labor Day 10:00 PW Pre-Recorded Exercise Class 10:30 IA Wii Jeopardy 11:00 IA Armchair Travel 1:00 MN Matinee Showing of Musical Monday! 2:00 SW Bible Study 2:30 PW Cardio Drumming! 4:00 SW Social Time 6:30 MN Movie Night!</p>	<p>3</p> <p>9:00 PW Blood Pressure Clinic! 10:00 PW Senior Stability Class! 10:30 IA Wordle! 11:00 PW Yoga with Loni! 1:00 IA Bridge 1:00 PW Wii Bowling! 1:15 PW Fun Fitness! 3:00 IA Great Course Lecture Series 3:00 IA Mexican Train 3:00 IA Story Time with Jacqueline 4:00 SW Social Time 5:45 EW Pet Therapy Training</p>	<p>4</p> <p>10:00 PW Tabata Balance Class 10:30 IA Out Trip 10:30 EW Parkinson's Group 10:30 IA UNO! 12:45 EW Guided Meditation! 1:30 PW Seated Cardio with Music! 2:00 IA Creative Corner 2:30 EW Scenic Drive 3:00 SW Pick A Prize Bingo 4:00 SW Social Time 6:30 MN Movie Night</p>	<p>5</p> <p>9:30 IA Team Sudoku! 10:00 PW Senior Stability Class! 10:30 IA Journal Writing Series! 1:00 IA Birds and Beyond! 1:30 EW Jax, the Therapy Dog! 2:00 IA Bridge 2:15 PW Sit and Fit with a Twist! 3:15 PW Balloon Volleyball 3:15 IA Great Course Lecture Series 4:00 SW Social Time 6:30 MN Movie Night</p>	<p>6</p> <p>10:00 PW Balance Class 10:30 IA Resident Shuttle to Ted's & CVS 10:30 IA White Board Wheel of Fortune! 11:00 SW Rosary 1:00 IA Music Appreciation 2:15 IA Colebrook Vivacious Voices! 2:30 PW Boot Camp! 3:00 IA Wordle/Word Within A Word! 3:30 IA Country Store 4:00 SW Social Time 6:30 MN Movie Night!</p>	<p>7</p> <p>9:30 IA Team Sudoku! 10:30 IA Great Courses: Lecture Series 11:00 PW Cardio Drumming! 1:15 IA Name That Tune Jeopardy! 1:45 MN Movie Matinee 3:00 SW DOLLAR BINGO 4:00 SW Soda Saturday Social! 6:30 MN Movie Night!</p>
<p>8</p> <p>8:40 SW Transportation To Local Churches 10:00 SW Televised Catholic Mass 10:30 SW Second Cup Sunday! 11:00 IA Wii Bowling! 11:30 IA Out Trip to Yard Goats! 1:00 MN Sunday at the Opera 1:15 IA Balloon Volleyball! 2:00 SW Wild Card Sunday! 2:45 IA UNO! 4:00 IA Res-Led Rummikub, Cards, Games! 6:30 MN Movie Night!</p>	<p>9</p> <p>10:00 IA Shopping Out Trip to Eastbrook Mall Area 10:00 PW Tabata Balance Class 10:30 IA Wii Jeopardy 11:00 IA Armchair Travel 1:00 MN Matinee Showing of Musical Monday! 1:30 IA Eric The Plant Guy 2:00 SW Bible Study 2:30 PW Cardio Drumming! 3:00 SW Off To The Races! 4:00 SW Social Time 6:30 MN Movie Night!</p>	<p>10</p> <p>10:00 PW Senior Stability Class! 10:30 IA Wordle! 11:00 PW Yoga with Loni! 1:00 IA Bridge 1:00 PW Wii Bowling! 1:15 PW Fun Fitness! 2:00 MN Concert with Bruce John! 3:00 PW Corn Hole! 3:00 IA Great Course Lecture Series 3:00 IA Mexican Train 3:00 IA Story Time with Jacqueline 4:00 SW Social Time 5:45 EW Pet Therapy Training</p>	<p>11</p> <p>10:00 PW Tabata Balance Class 10:30 IA Out Trip 10:30 IA UNO! 12:30 EW Nail Care! by Appt! 12:45 EW Guided Meditation! 1:30 EW Sing-A-Long 2:00 PW Seated Cardio with Music! 2:30 EW Scenic Drive 3:00 SW BINGO sponsored by Marlborough Health Care! 4:00 SW Social Time 6:30 MN Movie Night</p>	<p>12</p> <p>9:30 IA Team Sudoku! 10:00 PW Senior Stability Class! 10:30 IA Journal Writing Series! 1:00 IA Birds and Beyond! 1:30 EW Jax, the Therapy Dog! 2:00 IA Bridge 2:15 PW Sit and Fit with a Twist! 3:00 MN Let's Make a Deal & Chocolate Milkshakes!! 3:15 IA Great Course Lecture Series 4:00 SW Social Time 6:30 MN Movie Night</p>	<p>13</p> <p>10:00 PW Balance Class 10:30 IA Resident Shuttle to Ted's & CVS 10:30 IA White Board Wheel of Fortune! 11:00 SW Rosary 1:00 IA Music Appreciation 2:15 IA Colebrook Vivacious Voices! 2:30 PW Boot Camp! 3:00 IA Wordle/Word Within A Word! 3:30 IA Country Store 4:00 SW Social Time 6:30 MN Movie Night!</p>	<p>14</p> <p>9:30 IA Team Sudoku! 10:30 IA Great Courses: Lecture Series 11:00 PW Cardio Drumming! 1:15 IA Name That Tune Jeopardy! 1:45 MN Movie Matinee 3:00 SW DOLLAR BINGO 4:00 SW Soda Saturday Social! 6:30 MN Movie Night!</p>
<p>15</p> <p>8:40 SW Transportation To Local Churches 10:00 SW Televised Catholic Mass 10:30 SW Second Cup Sunday! 11:00 IA Wii Bowling! 1:00 MN Sunday at the Opera 1:15 IA Balloon Volleyball! 2:00 SW Wild Card Sunday! 2:45 IA UNO! 4:00 IA Res-Led Rummikub, Cards, Games! 6:30 MN Movie Night!</p>	<p>16</p> <p>10:00 IA Shopping Out Trip to Ocean State Job Lot 10:00 PW Tabata Balance Class 10:30 IA Wii Jeopardy 11:00 IA Armchair Travel 1:00 MN Matinee Showing of Musical Monday! 1:30 SW Resident Council 2:00 SW Bible Study 2:30 PW Cardio Drumming! 4:00 SW Social Time 6:30 MN Movie Night!</p>	<p>17</p> <p>10:00 PW Senior Stability Class! 10:30 IA Wordle! 11:00 PW Yoga with Loni! 1:00 IA Bridge 1:00 PW Wii Bowling! 1:15 PW Fun Fitness! 2:00 IA Arthritis Seminar with Kate from Enliven 3:00 IA Great Course Lecture Series 3:00 IA Mexican Train 3:00 IA Story Time with Jacqueline 4:00 SW Social Time 5:45 EW Pet Therapy Training</p>	<p>18</p> <p>10:00 PW Tabata Balance Class 10:30 IA Out Trip 10:30 IA UNO! 12:45 EW Guided Meditation! 1:30 PW Seated Cardio with Music! 2:00 IA Creative Corner 2:30 EW Scenic Drive 3:00 SW Pick A Prize Bingo 4:00 SW Social Time 6:30 MN Movie Night</p>	<p>19</p> <p>9:30 IA Team Sudoku! 10:00 PW Senior Stability Class! 11:00 SW Catholic Mass with Fr Mike 1:00 IA Birds and Beyond! 1:30 EW Jax, the Therapy Dog! 2:00 IA Bridge 2:15 PW Sit and Fit with a Twist! 3:15 PW Balloon Volleyball 3:15 IA Great Course Lecture Series 4:00 SW Social Time 6:30 MN Movie Night</p>	<p>20</p> <p>10:00 PW Balance Class 10:30 IA Author Talk: Andrea Ezerins! 10:30 IA Resident Shuttle to Ted's & CVS 11:00 SW Rosary 1:00 IA Music Appreciation 2:00 EW Seasonal Crepes with George! 2:15 IA Colebrook Vivacious Voices! 2:30 PW Boot Camp! 3:00 IA Wordle/Word Within A Word! 3:30 IA Country Store 4:00 SW Social Time 6:30 MN Movie Night!</p>	<p>21</p> <p>9:30 IA Team Sudoku! 10:30 IA Great Courses: Lecture Series 11:00 PW Cardio Drumming! 1:15 IA Name That Tune Jeopardy! 1:45 MN Movie Matinee 3:00 SW DOLLAR BINGO 4:00 SW Soda Saturday Social! 6:30 MN Movie Night!</p>
<p>22</p> <p>8:40 SW Transportation To Local Churches 10:00 SW Televised Catholic Mass 10:30 SW Second Cup Sunday! 11:00 IA Wii Bowling! 1:00 MN Sunday at the Opera 1:15 IA Balloon Volleyball! 2:00 SW Wild Card Sunday! 2:45 IA UNO! 4:00 IA Res-Led Rummikub, Cards, Games! 6:30 MN Movie Night!</p>	<p>23</p> <p>10:00 IA Shopping Out Trip to Walmart/Aldi 10:00 PW Tabata Balance Class 10:30 IA Wii Jeopardy 11:00 IA Armchair Travel 1:00 MN Matinee Showing of Musical Monday! 2:00 SW Bible Study 2:30 PW Cardio Drumming! 3:00 SW Off To The Races! 4:00 SW Social Time 6:30 MN Movie Night!</p>	<p>24</p> <p>10:00 PW Senior Stability Class! 10:30 IA Wordle! 11:00 PW Yoga with Loni! 1:00 IA Bridge 1:00 PW Wii Bowling! 1:15 PW Fun Fitness! 2:00 MN Generations Barbershop Quartet! 3:00 PW Corn Hole! 3:00 IA Great Course Lecture Series 3:00 IA Mexican Train 3:00 IA Story Time with Jacqueline 4:00 SW Social Time 5:45 EW Pet Therapy Training</p>	<p>25</p> <p>10:00 PW Tabata Balance Class 10:30 IA Out Trip 10:30 IA UNO! 12:45 EW Guided Meditation! 1:30 EW Sing-A-Long 2:00 PW Seated Cardio with Music! 2:30 EW Scenic Drive 3:00 SW Pick A Prize Bingo 4:00 SW Social Time 6:30 MN Movie Night</p>	<p>26</p> <p>9:30 IA Team Sudoku! 10:00 PW Senior Stability Class! 11:00 SW Service with Father Ron 1:00 IA Birds and Beyond! 1:30 EW Jax, the Therapy Dog! 2:00 IA Bridge 2:15 PW Sit and Fit with a Twist! 3:15 PW Balloon Volleyball! 3:15 IA Great Course Lecture Series 4:00 SW Social Time 6:30 MN Movie Night</p>	<p>27</p> <p>9:30 SW St. Peter's Episcopal Pre-Recorded Service 10:00 PW Balance Class 10:30 IA Resident Shuttle to Ted's & CVS 10:30 IA White Board Wheel of Fortune! 11:00 SW Rosary 12:00 IA Lunch and Learn! 2:30 PW Boot Camp! 3:00 IA Wordle/Word Within A Word! 3:30 IA Country Store 4:00 SW Social Time 6:30 MN Movie Night!</p>	<p>28</p> <p>9:30 IA Team Sudoku! 10:30 IA Great Courses: Lecture Series 11:00 PW Cardio Drumming! 1:15 IA Name That Tune Jeopardy! 1:45 MN Movie Matinee 3:00 SW DOLLAR BINGO 4:00 SW Soda Saturday Social! 6:30 MN Movie Night!</p>
<p>29</p> <p>8:40 SW Transportation To Local Churches 10:00 SW Televised Catholic Mass 10:30 SW Second Cup Sunday! 11:00 IA Wii Bowling! 11:30 SW Colebrook Fall Harvest Fest! 2:00 MN Sunday at the Opera 2:00 SW Wild Card Sunday! 2:45 IA UNO! 4:00 IA Res-Led Rummikub, Cards, Games! 6:30 MN Movie Night!</p>	<p>30</p> <p>10:00 IA Shopping Out Trip to Dollar General 10:00 PW Tabata Balance Class 10:30 IA Wii Jeopardy 11:00 IA Armchair Travel 1:00 MN Matinee Showing of Musical Monday! 2:00 SW Bible Study 2:30 PW Cardio Drumming! 4:00 SW Social Time 6:30 MN Movie Night!</p>	<p>SEPTEMBER BIRTHDAYS!</p> <ul style="list-style-type: none"> Jan D. 9/3 Shirley B. 9/9 Bob Fr. 9/9 Margaret C. 9/17 Bob Fa. 9/21 Helga 9/28 <p>Happy Birthday to You All!!!</p>	<p>Hibachi Lunch! Good Food, Great Company! A Fun Time Had by All!</p> 	<p>Crafting for Summer Tree!</p> 	<p>Trip to Stews ... No SAMPLES So Sad!!</p> 	<p>Enjoying Doug This Summer!</p> 

September 2024

Spotlight George Merritz



Crepes with George!

The Olympics in France brought us many goodies, but our favorite was the Crepes! George Merritz, Chris' husband and wonderful person extraordinaire, volunteered his talented self to come make them for us! Set up on the porch outside the tavern, he went to work and cooked crepe upon crepe ... 120 of them in all! George has a long history in the culinary field. He and Chris ran a restaurant in New Hampshire before heading south and into a career in Senior Living where he worked as Chef/Forensic Acct. Upon retiring, he headed back North where he came out of retirement to assist his daughter, Michelle, and her endeavors at the Flour Girl. He is currently her CFO and heading the food-to-go part of the business, and so much more. Seeing how much we enjoyed and devoured our Crepes, he will be coming back and offering Seasonal Crepes!

"This Month In History" SEPTEMBER

1919: Crowds gather in New York City to welcome home Gen. John J. Pershing and 25,000 soldiers of the American Expeditionary Forces who fought in World War I.

1949: The Ladies Professional Golf Association is formed with 13 founding players.

1953: With 32 lanes, the world's first four-level highway interchange opens in Los Angeles. Half a million vehicles travel it every day.

1969: "Ruh-roh!" The Saturday morning cartoon lineup gets a new addition when the mystery-comedy series "Scooby-Doo, Where Are You!" premieres.

1978: After years of lobbying, National Grandparents Day is officially observed for the first time.

1985: An American-French expedition locates the wreckage of the long-lost sunken ocean liner Titanic off the coast of Newfoundland, Canada.

1998: Internet search engine Google is founded.

2008: After its move to Oklahoma City, the NBA team the Seattle SuperSonics is renamed the Thunder.

2020: Sales stats show that music fans are buying more vinyl records, outselling CDs for the first time in decades.